

## STOUGHTON TUESDAY NIGHT GROUP INVENTORY

On 2/13/07, the Stoughton Tuesday night group held a group inventory using the guidelines provided by WSO. Following is a synopsis of that group inventory and the follow-up business meeting held on 2/27/07.

### I. THINGS WE DO WELL

- A. Our purpose is clear and follows the guidelines of OA.
- B. We're reaching a good cross section of our community.
- C. We provide an attractive meeting place.
- D. We clearly give each and every member an opportunity to participate in discussions, as well as make everyone aware of all service opportunities.
- E. Service people are chosen with care, and we place principles before personalities.
- F. We do our share to support intergroup, region and WSO.
- G. Members are periodically informed about the worldwide Fellowship and service structure of OA.
- H. We maintain anonymity and avoid gossip.
- I. Our group is very inclusive and we don't form cliques or ignore some members.
- J. We welcome newcomers and always make certain they receive individual attention, but we could possibly do more beyond their first meeting (see below).
- K. We try to make the Fellowship known to people outside who need help, although we possibly could do more (see below).
- L. We're very welcoming to members who are returning to the Fellowship.

### II. AREAS WE COULD IMPROVE ON

- A. We could do a better job of "carrying the message" through:
  - 1. More phone calls by members.
  - 2. Leaving pamphlets at doctors' offices?
  - 3. Posting notices on bulletin boards (i.e. supermarkets, etc.)
- B. We might reach more of the compulsive overeaters in our community by leaving pamphlets at therapists' offices (ask permission first.)
- C. We could do a better job of bringing the OA message to the attention of physicians, clergy, teachers and others who can be helpful in reaching persons who need OA through the techniques stated in A & B above. In addition, we could possibly work through schools and provide speakers.
- D. We could do a better job of both welcoming and keeping newcomers through:
  - 1. Making sure newcomers get a follow-up call within a few days.
  - 2. Asking for volunteers to be responsible for making sure newcomers get follow-up calls, which is also a service opportunity for members.
- E. We could improve sponsorship through:
  - 1. Asking more people to volunteer to sponsor.
  - 2. Getting beyond thinking we have to be perfect to sponsor.
  - 3. Acting as "starter" sponsors to at least guide newcomers.

We also agreed that each of us would take our own personal inventory regarding our part in the group, again following the guidelines provided by WSO, copies of which were distributed to all who participated in the group inventory.

On 2/27/07, we held a business meeting to go over the areas with room for improvement. At that meeting the following was agreed upon:

A/B: We will try to carry the message by posting meeting notices on bulletin boards at local supermarkets, etc. Ruth R. agreed to make up a flyer for the Stoughton Tuesday night meeting after consulting with SCMI board and WSO web site. We will also order some pamphlets to distribute at doctors' and therapists' offices. Members were advised to ask permission first before posting flyers or leaving pamphlets on literature tables at doctors' and therapists' offices.

C: The group members agreed that it was important to bring the message of OA to their own clergy, physicians, teachers, etc., and some shared that they already do this. It was felt that the group, at this time, does not want to take on the task of trying to arrange for speakers at schools.

D: We agreed to make a group effort to do a better job of making sure newcomers get a follow-up call within a few days of their first meeting. At this time we decided not to create a service position to do this, but will re-evaluate in a few months to see if the group has been following through on this.

E. All were encouraged to volunteer to act as "starter" sponsors, even if we feel unable or unready to be long-term sponsors, to at least help newcomers learn the tools of the program and offer support until they find a more permanent sponsor.