

OA 12 Step Marathon

Saturday, March 20, 2010

10AM-3PM

*Newton-Wellesley Hospital, 2014 Washington St.,
Newton, in Bowles Auditorium (next to cafeteria)*

SCHEDULE

10 AM Step 1
10:40 AM Steps 2 & 3
11:20 AM Steps 4 & 5
12:00 PM Steps 6 & 7
12:30-1:00 PM Lunch Break
1:00 PM Steps 8 & 9
1:40 PM Steps 10 & 11
2:20 PM Step 12



Metro West Intergroup
P.O. Box 600
Needham Hts. MA 02494

- Hear how speakers with long-term recovery work each of the steps
- Meetings every 40 minutes – come for a single step or for the whole event
- Speakers from all across New England
- Donation requested, but no one turned away for lack of funds

ABOUT OA: Overeaters Anonymous (www.oa.org) offers a program of recovery from compulsive eating using the Twelve Steps and Twelve Traditions of OA. Worldwide meetings and other tools provide a fellowship of experience, strength and hope where members respect one another's anonymity. OA charges no dues or fees; it is self-supporting through member contributions.

OA is not just about weight loss, gain or maintenance; or obesity or diets. It addresses physical, emotional and spiritual well-being. It is not a religious organization and does not promote any particular diet. If you want to stop your compulsive overeating, welcome to Overeaters Anonymous.

*Accessible via "D" branch of Green Line, Woodland Station; Metered and garage parking available. Sponsored by the Brookline Sunday Night group and Metrowest Intergroup (www.metrowestoa.org)
for more info: oa12stepmarathon@gmail.com or call 203-257-3074*