

# IS FOOD A PROBLEM FOR YOU?

- Do you eat when you're not hungry?
- Do you binge uncontrollably or undereat?
- Is your weight affecting the way you live your life?

*Call*

# Overeaters Anonymous

**We are a 12 Step Fellowship**

\*No dues \* No fees \* No weigh-ins \* No diets

**For further information contact us at: (781) 925-1903**

**Or find us on the web at [www.scmioa.org](http://www.scmioa.org)**

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